

Miniscript Questionnaire

	Questions	Answers		
		YES	NO	?
1	Are you an only or youngest child or separated by more than six years from your nearest sibling?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2	When things go wrong do you tend to feel guilty?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3	Do you often feel a failure?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4	Do you have special rules for organising your daily life – making lists or always doing things at a set time or in a set order – as far as you can?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5	Do you quite often feel life is futile?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6	Were either of your parents Roman Catholic or Jewish? [Even if 'unobservant'] or committed worshippers in any other faith	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7	Were you separated from your parents before you were six, for example by being hospitalised, fostered or looked after by a relative while your parents were away?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8	Did either of your parents have ambitions they were prevented from fulfilling by lack of opportunity?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9	Do you tend to notice faults or flaws in things, like dents or scratches?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10	Do you feel you would like to get closer to people than you dare to?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11	Do you tend to procrastinate a lot?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12	Were either of your parents concerned about what other people thought of them?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13	Did you go to boarding school?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



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- 14 When things go wrong do you tend to feel unappreciated?
- 15 When things go wrong do you tend to feel embarrassed?
- 16 Did you have a lot of responsibility –e.g. looking after brothers or sisters – when you were growing up?
- 17 Do you tend to be on the go all the time, yet secretly know that having time on your hands would make you nervous?
- 18 Do you often feel that nobody lets you be yourself?
- 19 When things go wrong, do you tend to feel you can't be bothered trying any more?
- 20 In an emergency or difficult situation are you the one who stays calm and does what has to be done?
- 21 When things go wrong, do you tend to panic and feel you can't think straight?
- 22 Did either of your parents need a lot of looking after or special consideration when you were a child, for example through chronic illness or depression?
- 23 Are you a perfectionist?
- 24 Do you quite often feel worthless?
- 25 Do you compare yourself to other people a lot?
- 26 Are you generally a very pleasant person who has sudden outbursts of temper that take others by surprise?

